

Newsletter

No 38
May 2009



Kingborough Inc.

P.O. Box 479 Kingston 7051

Mobile Tel. 0405 327 071

Email: u3akingborough@email4life.com.au

President:	Jane Mays	Public Officer:	John Culliton
Vice Presidents:	Marcus Higgs & John Culliton	Editor:	Louise Stewart <i>louisest@bigpond.com</i>
Secretary:	Pat Page	Woodbridge Representative:	Jean Lea
Treasurer:	Marian Jellyman	Committee Members	Deirdre Jarvis, Kate McVea , Dorothy Mitsakis , Jean Newton , Bronwen Parr , Venie Phillips, Helen Potgieter

The President's Pen

A big thank to those members who worked on the last committee - Chris Noonan (enrolments), Neil Hore and Lyn Schofield (programming) and Uuske Van Hulst. A special thank-you to Bernard Apps, our webmaster.

Volunteers provide many hours of their time to keep this U3A vibrant. At the windy Sausage Sizzle in April I mentioned that there are tasks requiring a short term commitment and duration. If you are interested, please contact me or one of the committee members.

What's new?

The process for enrolment in term 2 has been changed (see page 9). Two forms are provided for the convenience of couples receiving only one newsletter. You are encouraged to attend Enrolment Day on June 4th.

Through the Volunteer Grants Program 2008 from the Department of Families, Housing, Community Services and Indigenous Affairs members who volunteer to drive other members to class will be able to claim reimbursement for petrol costs (more details on last page).

A Suggestion Bag is now posted on the bulletin board. The committee is interested in hearing your ideas, comments or suggestions.

Jane Mays
President

PROGRAM FOR TERM 2, 2009
Monday 15th June – Friday 21st August
Courses held at Adult Education Building Kingston (KA),
and Westwinds Woodbridge (W)

TERM 2 AT A GLANCE

KINGSTON COURSES				
MONDAYS 10 weeks	9:30-12.30	Art – Colour and Light	KA2	Helen Quilty
	10:00	The Youth3A Bookclub	KA1	Convenor: Bronwen Parr
	11:30	Have Your Say	KA1	Joy Tunney Convenor: Dorothy Mitsakis
	11:30	Primary Production Businesses in Tasmania	KA3	Mitsakis
	11:30	Small Engines – Know How & Maintenance	Home/KA4	Roger Hall
	1:30	What Darwin Thought	KA3	David Leaman
	1:30-3:30	Writers Group	KA2	Marian Jellyman
	TUESDAYS 10 weeks	9:30 -	U3A Bushwalkers	Field
10:00-12:00		Stroller and Ramblers	Field	Judy Sprent
10:00		Meditation	KA1	Gordon Dobbs
10:00		Fascinating Facets of History	KA3	Convenor: Bronwen Parr
11.30		Play Reading and the Theatre	KA1	Bruce Smee
11:30		Religions in the World Today – Buddhism – The Gospels	KA3	Tony O'Brien
1:30		Art and the Stitch	KA1	Jennifer Line
1:30		Our Changing Times	KA3	Convenor: Joy Tunney
THURSDAYS 10 weeks	9:30-10:30	Let's Do Shakespeare – Othello & Twelfth Night	KA1	Convenor: Helen Potgeiter
	11:00-12:00	Mostly Australian Poems	KA1	Glen Pullen
	12:30-1:30	Music at Lunchtime	KA1	Self Managed
	12:30-1:30	Videos Over Lunch	KA3	Self Managed
	2:00	Games for the Mind	KA3	Self Managed
	2:00	Poems for Pleasure	KA1	Self Managed
	WOODBIDGE COURSES			
MONDAYS 10 weeks	11:00	The Evolution of Western Music – Part 2	W	Nora Durell
	1:30-3:30	Woodbridge Writers Group	W	Sue Moss
TUESDAYS 10 weeks	10:30-12:30	William and Sons	W	Kate Steeden
	1:00-3:00	Art with Sue	W	Sue Miller

2009 Membership Subscription
NEW MEMBERS ONLY



A Membership Subscription Form is in this newsletter

2009 Term Dates

Term 2 – 15th June to 21st August
 Term 3 – 21st September to 27th November

Course Enrolment Day



June 4th – 10:00 am – 2:00 pm
Block A, Adult Education Building
Hutchins Street, Kingston

This is a great way to get organized for the term - a useful, practical and pleasantly social occasion.

Have a cup of coffee or tea, meet other members while you enrol for the courses of your choice. New members can join at the same time.

Bring your completed enrolment forms to speed up the process and for new members a completed subscription form.

KINGSTON COURSES

Monday 9:30 am – 12:30 pm

Art – Colour and Light

Class Limit: 24

Learn to use tonal colour contrasts to bring sunshine and shade to your art.

Helen facilitates and instructs both individuals and the group of artists. She has taught Art for many years and hopes this term to take a new look at enlivening the colour creating vibrant art – a new adventure in colour theory

KA2

Helen Quilty

Monday 10:00 am

The Youth3A Bookclub

Over the term opportunity will be provided for members to introduce their own selected book, read excerpts, and provide insight into the author, characters and setting as a basis for instigating discussion of issues raised by the book. It is hoped this may stimulate interest by other members to read the authors. One or more books may be discussed each week. Following from the excellent response to the whole group reading two chosen books in Term 1, in the third week this term (29th June) we intend to hold a group discussion on **My Brother Jack** by George Johnston. In the 7th week (27th July) we'll discuss **Breath** by Tim Winton. Please read these books in advance of these sessions.

KA1

Convenor: Bronwen Parr

Monday 11:30 am

Have Your Say

Class Limit 18

This popular class is for people who enjoy a robust discussion about current events, participants respect other peoples' views and own their own. This will be the fourth year that Joy has facilitated this class and she continues to be amazed and inspired by the diversity of people involved in U3A.

Joy was by profession a physiotherapist. Health and community developments are her special interests.

KA1

Joy Tunney

Monday 11:30 am

Primary Production Businesses in Tasmania

The course presents an interesting range of the business ventures producing some of Tasmania's fine foods and gourmet products.

KA3

Convenor: Dorothy Mitsakis

Date	Subjects covered	Speaker
15 th June	Wine-making at Morilla	Conor van der Reest
22 nd June	Essential Oils	Phil Causon
29 th June	Hydroponic Tomatoes and Cucumbers	Andrew Mitsakis
6 th July	Apples and Cherries	Howard Hansen
13 th July	Bees, Honey and Pollination	Hedley Hoskinson
20 th July	Pegasus Sprouts	Michael Voss
27 th July	Alpacas	Tracey Steele & Jenny
3 rd August	Cheese – Making	Hans Stutz
10 th August	Houston Lettuces	Allison Clark
17 th August	Berry Fruits	Bob Hardy

Monday 11:30 am

Small Engines – Know How & Maintenance

Class limit 5

We all have motor mowers (and maybe brush-cutters or chainsaws) and occasionally pay to have them serviced. This course is suitable for both men and women and will teach you about 2 and 4 cycle engines and their essential maintenance. A detailed set of notes will be provided. The course will include the opportunity for practical hands on maintenance training (at Roger's home workshop) with students' own machines.

Roger is an ex TAFE lecturer and examiner and ran his own business. His wide experience makes him an excellent teacher.

5 Grevillea Way / KA4

Roger Hall

Monday 1:30 pm***What Darwin Thought*****KA3*****David Leaman***

Year 2009 is the 200th anniversary of the birth of Charles Darwin. This head-and-shoulders man changed human thinking and deserves to be buried in Westminster Abbey. This course considers what he thought and why. Hear his arguments and doubts about species in his own words. Expect to find that others have placed spin on these very words for their own ends.

David is well known and a popular tutor at U3A. He is an eminent geologist, geophysicist and ground water specialist. His many other interests include railways, history and music. He has written several books.

Monday 1:30 pm-3:30 pm***Writers Group*****KA2*****Marian Jellyman*****Class limit 15**

Now in its 7th year, this is a course where you can meet an eclectic group of U3A members with a variety of lifestyles and backgrounds. Many find it interesting to record their past for their children and grandchildren to read. Others write fiction or poetry. This is a course to blow the mind with a roomful of laughter, wisdom, provoking thoughts, quirky humour and many memories. Come to share and listen. Bring a writing pad and pen.

Tuesday 9:00 am-onwards***U3A Bushwalkers*****Field*****Claire Morgan*****Class limit 15.**

Bush walking is strenuous. We will walk on bush trails in the mountains in and around Hobart and further afield. Duration will be 3 to 5 hours. Participants must have a reasonable fitness level. Please bring lunch along with water and a first aid kit. Wear sturdy walking boots and bring a walking pole if you wish.

On 15th June, the first outing will start with a meeting in the U3A Kitchen at 9:00am to discuss and decide the walks for the term and complete indemnity forms.

Claire joined Strolling Seniors a couple of years back and along with some other walkers decided to arrange more challenging walks. She loves the outdoors and has great delight discovering wonderful walks on our doorstep.

Tuesday 10:00 am-12:00 pm***Strollers and Ramblers*****Field*****Judy Sprent*****Class limit 15 for each.**

Join us for easy walking tours on local tracks and trails. This will be an invigorating, healthy and social activity ending in a welcome cuppa. We will walk for about 1 to 1 1/2 hours along beaches, river banks, back roads, paths and reserves. Car-pooling is facilitated. Just bring a raincoat, a drink bottle, walking shoes or strong sneakers, sunscreen, a hat and basic first aid items. Participants will get information showing the routes, detailing the start and end points and contact numbers.

As some of the group may like a little more vigorous activity we can arrange ourselves into two groups; the "Ramblers" who walk a little further and the "Strollers" who are more leisurely.

On 15th June, the first outing will start with a meeting in the U3A Kitchen at 10:00am to discuss and decide the walks for the term and complete indemnity forms.

Judy is a keen walker and naturalist but in the "tortoise" walking category rather than "greyhound".

Tuesday 10:00 am***Meditation*****KA1*****Gordon Dobbs***

Meditation takes us into that deep inner silence where we are open to the creative and healing flow of Cosmic energy which dissolves all negative and obstructing patterns from the past. This enables us to open up to creative, healthy, and joyful patterns that can transform and expand our lives. Come along! Even if you have not done meditation before, you will enjoy and benefit from the wonderful group energy.

Gordon has facilitated self-help groups over many years in a wide variety of subjects such as Meditation, Philosophy, Kabbalah, etc.

Tuesday 10.00 am**KA3*****Fascinating Facets of History*****Convener: Bronwen Parr**

Savour an historical tour from the British Isles to Europe to Alexandria and back home.

Date	Subjects covered	Speaker
16 th June	An Irish Perspective	Sheila Given
23 rd June	An Irish Perspective 2	Sheila Given
30 th June	Medieval Crafts	Tony Elwell
7 th July	Medieval Guilds	Tony Elwell
14 th July	Our Cultural Landscapes	Graeme Corney
21 st July	Tasmanian Heritage Buildings	Graeme Corney
28 th July	Proposed Tour of Government House	Graeme Corney
4 th August	First Role Model for Women in Science – Marie Curie	Roger Pelham
11 th August	Cathedrals of England	Ian Nicholson
18 th August	Early Lighthouses – Pharos in Alexandria	Noela Foxcroft

Tuesday 11:30 am**KA1*****Play Reading and the Theatre*****Bruce Smee**

Bernard's theme of having fun still remains but in addition to reading the Plays, we will be talking about acting, the theatre, and other forms of drama. We will also work on a short drama for an end of term presentation.

Bruce has two poncy cars! He enjoys organising play reading and theatre! This is a great opportunity to take on different characters and share in the camaraderie of the group.

Tuesday 11:30 am**KA3*****Religions in the World Today – Buddhism – The Gospels*****Tony O'Brien**

This course will for 5 weeks be an historical study of Buddhism. It will be a stimulating course offering a great blend of ancient history, significant people and places, language and culture. For the following 5 weeks of the term we will have a modern critical scholarship of Christianity and The Gospels.

Tony has an Arts Degree from Melbourne and has been a secondary and tertiary teacher of English and Russian Language and Literature. He has, for the last 18 years, taught Religious Studies. His lectures in U3A are very informative and popular.

Tuesday 1:30 pm**KA1*****Art and the Stitch*****Jennifer Line**

We will discover how artists have recorded the history of fabrics and the associated skilled crafts. Initially we'll explore stitching depicted in works by artists since the sixteenth century. Invited guests will demonstrate textile techniques and show examples of their work. Participants are encouraged to engage in background research and discussion.

Members' specific interests will form the basis of our study for the second part of the course.

Jennifer was born in England, worked as an occupational therapist and taught at Universities in USA, Canada, and Queensland before coming to Tasmania in 1984. She has a long standing interest in textiles, a focus on travel, art and study

COURSE REPRESENTATIVES

<p>We need volunteers to mark the attendance sheets and oversee setting up the room for each of our courses. If you know you are going to attend a course, and would like to volunteer please phone Bronwen Parr on 6267 1632.</p>
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Tuesday 1:30 pm**KA3*****Our Changing Times*****Convener: Joy Tunney**

With one exception (our enduring love of books), the speakers in this course are all involved in changes in society over recent years, ranging from changing gender roles, the economy, spirituality, physics, and seniors in the community.

Date	Subjects covered	Speaker
16 th June	Time, Clocks, and the Global Positioning System	Jim Palfreyman
23 rd June	Om:Ni – Older Men : New Ideas	John Osborn and Alan Roby
30 th June	Antiquarian Books and Book Selling	Eric Hearn
7 th July	Liberating the Inner Light	Helen Quilty
14 th July	Seniors Doing It Their Way	Philip Crouch and Zena Cameron
21 st July	The Sikkim Himalayan Academy	Karen McCrone
28 th July	Meeting the Needs of an Ageing Population	Professor Peter Orpin, and Kim Boyer
4 th August	The Global Economy	Professor Bruce Felmingham
11 th August	The Tasmanian Academy	Kim Boyer
18 th August	The Changing Roles of Women	Paula Murphy

Thursday 9:30 am-10:30 am**KA1*****Let's Do Shakespeare – Othello and Twelfth Night*****Convener: Helen Potgeiter**

This is a self directed group with shared readings from Othello and Twelfth Night. Members each take a character of the play each week. We read sections of the plays and discuss the dramatisation, structure, character, and theme development. Make a start with your reading – we'll study Othello first!

Helen is a retired speech pathologist and shares with many other U3A members a love of the theatre, its history, as well as poetic language. Last year this form of group discussion was popular in the study of other Shakespeare plays.

Thursday 11:00 am-12:00 pm**KA1*****Mostly Australian Poems*****Glenn Pullen**

10 weeks and 10 poems – each week read poem aloud; brief biography of poet; light study of form, words and insights; general discussion, if desired; re-read poem. Copies of each poem will be provided. Some sessions may include bonus items of chirpy verse or examples of a poet's other work. Class will be asked to bring favourite short poetic excerpts to exemplify the delights of true poetry.

The course is intended to take poetry seriously but to deal with it lightly.

Glenn has delighted Kingborough U3A with his expert knowledge of English language, poetry and books.

Thursday 12:30 pm– 1:30 pm**KA1*****Music at Lunchtime*****Self Managed**

This winter term we are trying something new. Bring your lunch, listen and learn from a music selection chosen by the group. Bring some favourite music to share (choral, classical, country, folk, jazz, rock, soul - on tape or CD). The idea is for each participant to introduce their chosen music, inform the group about interesting aspects of the composer, artists and history. This could stimulate discussion.

Thursday 12:30 pm-1:30pm**KA3*****Videos Over Lunch*****Self Managed**

Come in from the cold this winter and relax with friends! Bring your lunch and settle in to view an old time movie – for example, Sherlock Holmes, Agatha Christie, Charlie Chaplin, and some well-loved Classics. Discussion is sure to flow.

Thursday 2:00 pm
Games for the Mind

KA3
Self Managed

This course has proved popular and an enjoyable way to spend an hour or two. It will be an opportunity to participate with friends in playing scrabble, chess, crosswords or whatever mind games you choose; please bring your own sets to share. This will be a self-help group and we encourage beginners and more advanced level players to join. This will be a fun time.

Thursday 2:00 pm
Poems for Pleasure

KA1
Self Managed

This popular course is being repeated. It is a relaxed group sharing and reading favourite short poems or excerpts from longer poems arranged in themes. For example – childhood; faraway places; love; good for a laugh. For the first week bring one of your favourite nature poems to share. Also the themes for the rest of the term will be chosen by the group.

WOODBIDGE COURSES

Monday 11:00 am-12:00 pm

W

The Evolution of Western Music Part 2

Nora Durell

The dawn of the Nineteenth Century saw the beginning of a new era in music. No longer were composers governed by the strict rules of the Classical period, but it was a case now of “Not rule but feeling”. The piano became the dominating instrument with its “virtuoso” performances and opera reached its height in popularity. As with Part 1 recordings will enhance the series.

Nora is a graduate of the Tasmanian Conservatorium of Music and holds a BA from the University of Tasmania.

Monday 1:30 pm– 3:30 pm
Woodbridge Writers Group

W
Sue Moss

The course will consider different writing styles including prose, poetry, memoir and journaling. Participants will be encouraged to share and reflect on each other’s work. The program will also include examples and material from a selection of writers.

Sue works as a poet, performer and reviewer.

Tuesday 10:30 am-12:30 pm
William and Sons

W
Kate Steeden

Class limit 12.

Perhaps the reason so many people don’t enjoy history at school is that teachers are trained to be impartial just the facts ma’am. For example: of William the Conqueror’s three surviving sons, the eldest was a decent man who stood no chance against his conniving brothers, the youngest of whom could have run the Mafia without raising a sweat. All too often though, the story put out by the victors (in this case the youngest) is believed without question. But questioning is the lifeblood of history - and question we do! Impartiality? Forget it!

Kate has a love and knowledge of British History and the personality to bring it to life for us today.

Tuesday 1:00 pm-3:00 pm
Art with Sue

W
Sue Miller

This class explores the works and techniques of some of Sue’s favourite artists and then members just have fun experimenting. Equipment will be provided for the first session and participants should not buy any materials until after they have started the course.

Sue is a practising artist, has a variety of styles, and likes experimenting with different media. She holds a Masters Degree in Fine Art, is an experienced teacher and has exhibited in many joint and solo exhibitions.

End Of Term 2 Pot Luck Lunch

On Thursday 20th August, 12:15 pm – 1:45 pm we invite all members to bring a plate of lunch to share and to celebrate the end of our winter term. Tea and coffee will be provided.



Lunch with Friends 2009



All at **12.30pm*** - 1st Sunday of each month.

*Note new time by majority request.

Bookings are required at least 3 days beforehand – to 6229 9071.

Be on the email reminder list - marianj@email4life.com.au

- | | |
|----------------------|---|
| June 7 th | The Beach Restaurant, Blackmans Bay. Tel: 6229 7600 |
| July 5 th | The Timeless Way, 33 Hunter Street, Hobart. Tel 6234 7371 |
| Aug 2 nd | Pear Ridge Restaurant, Margate. Tel: 6267 1811 |
| Sept 6 th | Bay Leaf Bistro, 160 Sandy Bay Rd. Tel: 6223 1771 |
| Oct 4 th | Mermaid Café, Ferry Road, Kettering. Tel: 6267 4494 |
| Nov 1 st | The Fish Bar, 50 King Street, Sandy Bay. Tel: 6234 5961 |
| Dec 6 th | Fleurtys Cafe, Birches Bay. Tel: 6267 4078 |

For members, friends and family.

COURSE ENROLMENT

The process for enrolling in term 2 courses is changing. In order to decrease the administrative time to write up the class list, the committee would like to encourage you to attend Enrolment Day.

If you cannot attend on the day you can email us at u3akingborough@email4life.com.au or give your form to someone who can bring it to enrolment day.

Enrolment Day
June 4th 2009
10:00 am to 2:00 pm

PLEASE PRINT

Surname: _____ First name _____

Membership number _____

Please list the courses you want to attend.

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

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Membership number _____

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- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

U3A KINGBOROUGH

MEMBERSHIP SUBSCRIPTION – New Members Only

\$26 PER PERSON

(REMINDER – membership is on an annual basis, so if you paid earlier this year, in order to enroll for Term One, you are a financial member for all of 2009)

Your subscription entitles you to Membership for the remainder of 2009.

Once you are a financial member, you may enrol for any number of courses in the remaining two terms, subject to a place being available.

If you are a new member, you will be issued with a name-tag showing your Membership Number; this will assist when you renew your membership in future years

*NOTE: If you do not enrol for any courses, the subscription is **not** refundable.*

Payment Options

1. **Bring** membership form to **Enrolment Day, Thursday June 4, 10:00 am – 2:00 pm** – Adult Education, Block A Building, Hutchins Street, Kingston.
2. **Post** this form and your payment to: “Membership”, U3A Kingborough Inc., P.O. Box 479, Kingston 7051
3. **Pay by Direct Debit** (by internet only – not at a bank):
A/c Name: U3A Kingborough
Bank: Westpac BSB: 037 015
A/c No: 12 98 26
 - Put your name in the “description” box so that your payment can be identified AND
 - Notify us by **email** at u3akingborough@email4life.com.au with “Membership” in the subject line. Please include your name, telephone number, and address in the message – this information is needed for our records **OR** notify us by **post** - send this form to “Membership” U3A Kingborough Inc, PO Box 479, Kingston 7052 marking it “paid by direct debit”.

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Enclosed is my cheque/money order for \$_____

Please print name & address on the back of cheque or money order.

First Name: _____ Surname: _____ Title: _____

I am a NEW MEMBER (please tick)

Preferred name for badge: _____

Tel. No. _____

Address: _____

Postcode: _____

Email Address – only provide this if you are happy to download the U3A Kingborough newsletter (PDF format) from our website. An email will alert you when it is ready.

Please **PRINT CLEARLY** as the address must be legible.

_____ @ _____

Volunteer Grants Program

As mentioned in "The President's Pen" on page 1, through the Volunteer Grants Program 2008 from the Department of Families, Housing, Community Services and Indigenous Affairs, U3A Kingborough members who volunteer to drive other members to class will be able to claim reimbursement for petrol costs. For the purposes of this grant, a volunteer driver is a person who assists a member who regularly may not be able to get to classes, unless being "helped with transport". It is not provided for members who may give a lift to a friend or co-operate in car pooling for activities.

Blank copies of this voucher will be placed in the Treasurer's box in the kitchen at the Adult Education Centre and may be picked up from there. Once they have been completed and returned as indicated in the voucher, they will be checked for 'reasonableness' and then sent on to the treasurer (Marian) who will post out/distribute the vouchers and keep the ongoing record of disbursement.

This benefit will only apply during 2009.

U3A Online

Courses are also available through U3A Online for members who can connect to the Internet, Kathy Rossini, the Course Coordinator for U3A Online, has provided the following information.

This information is subject to change. At any time you can check the information by going to www.u3aonline.org.au and clicking on **Courses** in the left hand panel and then on "**Looking Ahead**" from the drop down list.

The courses are programmed in accordance with the availability of the Course Leaders. The course schedule below is listed in date order:

- *Writing Family History: start 29-Jun-2009 (6 weeks)*
 - *The Night Sky: start 13-Jul-2009 (8 weeks)*
 - *Religions of the World: start 20-Jul-2009 (10 weeks)*
 - *Introduction to Western Philosophy: start 3-Aug-2009 (8 weeks)*
 - *Practical Psychology for Relationships: start 27-Jul-2009 (8 weeks)*
 - *Design in your Life: start 17-Aug-2009 (8 weeks)*
 - *Astronomy: start 17-Aug-2009 (8 weeks)*
 - *Food for Thought: start 7-Sep-2009 (5 weeks)*
 - *The Romans: start 7-Sep-2009 (9 weeks)*
 - *The Northern Sky: start 5-Oct-2009 (8 weeks)*
 - *My Life Story: start 5-Oct-2009 (8 weeks)*
 - *Writing for Pleasure: start 5-Oct-2009 (8 weeks)*
- Autobiography and Journalling: start 5-Oct-2009 (8 weeks)*

U3A Kingborough wishes to thank our local Member of Parliament, Ross Butler, for his generous support in the production of this newsletter.