



Kingborough Inc.

No 23

# Newsletter

August 2005

P.O. Box 479 Kingston 7051

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## FROM YOUR PRESIDENT

Doesn't time fly!!!

Here we are looking forward to Term 3 of the U3A Kingborough 2005 year. It seems only yesterday that we were scanning the courses available for the first term of the year. I suspect that time flies more quickly as we get older!! I did read somewhere that the reason for this is that virtually nothing we ever do is new to us and therefore it becomes a bit of a "flashby" and the only things that seem to take time are the new experiences.

That is why our organisation is so valuable.

We have such a variety of courses during the year and each week we can be guaranteed that we will be learning something new to us.



Please note in this newsletter our annual get-together. This is not a Christmas function but simply a ~~participating in the year's~~ **participating in the year's** ~~celebration~~ **celebration**.

I hope that many of you will be able to attend.

Bernard PETTIFER

Dates - 2005

TERM III

Sept. 19 - Nov. 25

No classes on Oct. 20 – Show Day

**End of Year Luncheon**

November 25<sup>th</sup> November

VOLUNTEERS – THANK YOU



**All U3A's rely entirely on volunteers to function.**

**Tutors give freely of their time and expertise, as do committee members.**

**In our last Newsletter the committee appealed for more help and you volunteered. Thank you.**

**Now we need more volunteers to act as Course Representatives for Term 3. So if you know you are going to attend a course please consider being the Course Representative. A member of the committee will contact you**

*✍* Please detach and send with enrolment form -----

YES I CAN HELP

Name \_\_\_\_\_

Tel. \_\_\_\_\_

**Email** \_\_\_\_\_

I would like to volunteer as Course Representative for

\_\_\_\_\_

## LET'S DO IT TOGETHER

These social events have been organised in response to members' requests for more opportunities to get to know each other better.  
Transport can often be arranged if that is a problem.

**SUNDAY LUNCHESES**- 1<sup>st</sup> Sunday each month @ 1.00pm  
Bring your friends - but it is essential that you phone  
Marian on 6229 9071 or email [marianj@optusnet.com.au](mailto:marianj@optusnet.com.au)  
at least 2-3 days in advance so that we can book tables.

**September 4<sup>th</sup> 1.00**  
**Bes Mudi, Bellerive**

**October 2<sup>nd</sup> 1.00**  
**Citrus Moon, Kingston Beach**

**November 6<sup>th</sup> 1.00**  
**Timeless Way, Hunter St. Hobart**

**December 4<sup>th</sup> 1.00**  
**The Beach, Blackmans Bay**

## REMINDER -

Members (and Visitors) are welcome to attend **any** course – providing that they enquire first with the Course Representative to ascertain if there are spaces available and, on attending, make sure their names are entered on the register for that day.

A list of all Course Representatives for the current term can be found on the Notice Board in Block A at Kingston Adult Education Centre, Kingston.

**Adult Learners Week 2005**

**Organised by U3A Kingborough Inc.**

***“Celebrating Adult Learning  
In Kingborough”***

**Information**

**Speakers**

**Entertainment**

**Seniors celebrating what is available &  
working together to fill any gaps.**

**Wed. 7<sup>th</sup> September 2005**

**10.30am – 3.30pm**

**Kingston Beach Hall**

**Please phone or email for more details -**

**Phone – 62299787 or 62299071**

**Email [marianj@optusnet.com.au](mailto:marianj@optusnet.com.au)**

**“Communities that are age friendly do not favour older people but they promote the concept that what is good for older people is also good for the wider community. Helping communities to become age friendly means they will become good places in which to grow up as well as grow old”**

**(“All Ages, All Tasmanians Together”)**



## ACCESSIBLE SAILING

**U3A members are invited to go sailing to help the worthy cause of SAILABILITY Tas Inc.!**

**Sailability Tasmania Inc. provides unique and exciting opportunities for *people of all abilities* to experience sailing in either sailing dinghies or keel boats. By our members paying a small amount to go for a sail we will help the cause of maintaining the fleet of boats enabling disabled people to experience the wonder of sailing.**

**Cost for our members will be a donation of \$7.50 per person to assist with the upkeep of the boats. Maximum number per yacht is 8 guests. Four hour trip.**

**If you and some friends would like to experience sailing through Sailability Tas, on a Wednesday or a Friday, please contact Bronwen Parr Ph. 6267 1632.**



# U3A Kingborough Inc.

## PROGRAMME FOR TERM 3, 2005

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### Programme at a glance

Courses held at Adult Education Building Kingston (K) and Westwinds Woodbridge (W)

Programme at a glance				
		Subject	Tutor	Room
MONDAY 10 weeks	10:00-12:00	EXPLORING SHADES IN ART	Helen Quilty	KA2
	11:30	A KALEIDOSCOPE – PEOPLE AND THEIR INTERESTS	Convenor: Bronwen Parr	KA3
	11:30	HAVE YOUR SAY DISCUSSION	Edith Adler	W
	1:00-3:00	LIFE WRITING WORKSHOP	Peter Laud	W
	1:30	MUSIC, MONEY & MESSAGES	David Leaman	KA3
TUESDAY 10 weeks	10:00	EARLY ROMAN EMPIRE	Joe Priest	KA1
	11:30	PLAY READING	Bernard Pettifer	KA1
	11:30	IRISH TRACES IN TASMANIAN HISTORY	Richard Davis	KA3
	1:30-2:30	LIFE SKILLS BASED ON THE PHILOSOPHY & TECHNIQUES OF MEDITATION	Gordon Dobbs	KA1
	1:30-3:30	LIFE WRITING WORKSHOP	Marian Jellyman	KA2
THURSDAY 9 weeks	10:00 7 Weeks, Commencing Oct 6th	INDONESIAN HISTORY	Greg Thé	KA1
	10:00	TATTSLOTTO, OPINION POLLS, ADVERTISING, STOCK EXCHANGE	Noela Foxcroft	KA3
	11:30	POSITIVE LIVING	Convenor- Joan Perrett	KA1
	11:30	HAVE YOUR SAY	Joy Tunney	KA3
	1:30	KINGSTON U3A CHOIR	Margot Lampkin	KA3
FRIDAY 10 weeks	9:00-10:30	COPING WITH COMPUTERS	Venie Phillips	Online Centre

**Monday 10:00-12.00 EXPLORING SHADES IN ART****Helen Quilty****Room KA2****10 Sessions from September 19 to November 21**

**Helen Quilty** has taught art in schools, universities and TAFE and also is an illustrator. She exhibits her watercolour and drawings in galleries in Tasmania, interstate and overseas.

No levy required as students should bring their own pencils and paper etc.

Helen will be away for some of this term, and she has arranged with Bronwen Parr for her course to continue in term 3 during her absence. There will be an introductory presentation of stimulating information each week, and participants can continue with their ongoing program of work.

**Monday 11:30 A KALEIDOSCOPE – PEOPLE AND THEIR INTERESTS****Convenor: Bronwen Parr****Room KA3**

Come and listen to a variety of interesting topics by speakers who have personal expertise.

For example Margaret Murray on Dragons & Teaspoons; Tony Adams on “Why he is interested in Philately; Jan Jones will explore with us the World of Scale Miniatures; Fred Lakin will expound on Mountains, Mines & Railways of West Coast Tasmania – 1890-1910 and German Development of Airships up to the end of WW1, and Himalayan Adventures; Rosanne McDougall will inform us about Making and Displaying Dolls.

**Monday 11:30 HAVE YOUR SAY DISCUSSION****Edith Adler W**

This course is for people interested in discussing local, national and global events – expressing their views and listening to others in a small group. An aim of this course is to provide opportunities for discussion that are mentally stimulating and thought provoking. Class limit 15.

**Edith** is interested in current issues and ideas, art, music, and the role of humans and their interaction with the environment. She has had experience in group discussions and has run workshops on creativity and philosophy.

**Monday 1:00-3:00 LIFE WRITING WORKSHOP****Peter Laud W**

**“I could write a book about it.”** How often have you heard that? There's a book within all of us - but how to start? One of the guidelines of writing is to write about what you know and who knows your own life better than you?

This course will unleash your creative spirit and defeat the fear of the blank page. It aims to encourage writers old and new to share their work in an atmosphere of companionship and fun. The requirements are simple - pen, paper, enthusiasm and a willingness to share the triumphs and pitfalls of everyday life.

**Peter Laud**, who worked for many years as a feature writer for News Ltd in Perth before moving to Tasmania last year.

**Monday 1:30 MUSIC, MONEY & MESSAGES****David Leaman KA3****Term Levy \$2**

Prime numbers present a mystery better than anything by Agatha Christie and we depend on them for the safety and security of our money. Find out how, why and where music fits in and meet some weirdos and do some strange concepts. Prerequisite ....: a pass in primary school arithmetic and a desire for surprises.

**David** is a geology graduate of University of Tasmania, runs his own business, and is well known to U3A from his lectures on geology and water.

**Tuesday 10:00 EARLY ROMAN EMPIRE****Joe Priest****Room KA1****10 Sessions from September 20 to November 22****Term Levy \$2**

This fascinating course will bring to life the Roman period following on from the destruction of Jerusalem under Titus.

**Joe** is well known to us and has lectured for 12 years at U3A. His entertaining style brings Roman history to life wonderfully.

**Tuesday 11:30 PLAY READING Bernard Pettifer Room KA1**  
Participants will all have the opportunity to read parts of our mostly light plays – if they so desire. We are usually able to read three to five plays during a term and the object of the course is to entertain as well as give participants experience of acting. Class limit 15 – prefer good balance of men and women.

**Bernard** is the current President of U3A Kingborough and is a retired School Principal. He enjoys play reading and is a great believer in ‘having fun’ through the play readings.

**Tuesday 11:30 IRISH TRACES IN TASMANIAN HISTORY  
Richard Davis KA3**

This course covers aspects of the Irish in Tasmania from the convict era to the present day. This course is based on Richard’s book of the same name and he will be making it available to U3A members at a reduced price \$15.

**Richard** is a retired lecturer from the History Department of the University of Tasmania.

**Tuesday 1:30-2:30 POSITIVE LIFE SKILLS THROUGH MEDITATION  
Gordon Dobbs KA1**

This course is a series of talks on Life Skills, based on the philosophy and techniques of meditation.

Gordon has been for many years a facilitator of meditation and self help groups. He was a Chief Executive in Westpac and holds an MBA.

**Tuesday 1.30-3.30 LIFE WRITING WORKSHOP Marian Jellyman Room K A2  
Limit on enrolments**

**Marian** has been leading this course in Kingston for several years. This is a weekly workshop where members share their writing of the previous week. “In a way we are living our lives twice – living again the joys, adventures, achievements, the grief and confusion. We all have a unique story, which only we can tell”.

**Thursday 10:00 INDONESIAN HISTORY Greg Thé KA1  
7 Weeks, Commencing Oct 6 to November 24**

This course is the first of a two part series, the second being scheduled for first term 2006. The subjects in Part 1 comprise:

Prehistoric period - Hindu/Buddhist kingdoms in Indonesia - the emergence of Islam - arrival of Europeans in Indonesia - VOC (Verenigde Oost Indische Compagnie) - Eastern Indonesia and VOC - Java/Madura and VOC - VOC dissolved - British Intermezzo - Return of the Dutch - Java War (1825-30) - Cultivation system (Cultuur stelsel 1830-70) - Liberal Policy (1870-1900) - Padri War (1821-1838) - Aceh War (1873 - 1910).

**Gregory** was born in Indonesia in 1933, moved to Australia in 1955 to study Engineering. He is a retired academic staff member of the Electrical Engineering Department, University of Tasmania.

**Thursday 10:00 TATTSLOTTO, OPINION POLLS,  
ADVERTISING, STOCK EXCHANGE  
Noela Foxcroft  
KA3  
9 sessions from September 22 to November 24  
Levy \$1.**

What do all these things have in common? They use aspects of probability and statistics and in this course we’ll deal with their elements. Absolutely NO prior mathematical knowledge is necessary. Class minimum number 10.

**Noela** taught Maths and Science in High Schools for 30 years and now enjoys teaching at U3A. Her other passions are literature, art and music.

**Thursday 11:30      POSITIVE LIVING      Convenor- Joan Perrett KA1**  
**9 sessions from September 22 to November 24**

Joan is presenting a very interesting series of nine speakers covering a variety of topics for living positively:

	Sheila Given	All Tasmanians Together
	Joyce Batchelor (Reachout Programme)	Exercise for Health
	Gordon Dobbs	Exercise your Mind with Meditation
	Maggie Lindop	Fun with Feet
	GAB speaker	Enduring Powers of Attorney
	COTA speaker	Quality Use of Medications
	COTA speaker	Nutrition
	COTA speaker	Falls Prevention

**Thursday 11:30      HAVE YOUR SAY      Joy Tunney      KA3**

**9 sessions from September 22 to November 24**

This course is for people interested in discussing local, national and global events – expressing their views and listening to others in a small group. An aim of this course is to provide opportunities for discussion that are mentally stimulating and thought provoking.

Class limit 15.

**Joy** was a physiotherapist in a previous life and now is very involved in stimulating community participation in public affairs.

**Thursday 1:30      KINGBOROUGH U3A CHOIR      Margot Lampkin KA3**  
**9 sessions from September 22 to November 24**

**Levy - occasionally \$4 per singer for new music.**

The course “The Joy of Singing” has proven to be so popular that the class has formed into “Our Kingborough U3A choir”. Margot is continuing the course this term and new members are welcome but they will need to commit to attend the full course.

**Margot** is very active in music. She is Director of the Kingston Singers and Lincoln Singers.

**FRIDAY 9:00-10:30      COPING WITH COMPUTERS      Venie Phillips Online Centre**

**10 weeks from September 23 to November 25.**

**Levy \$4.**

This course is designed for learners at all stages to help use the computer effectively.

**Venie** is a qualified and experienced teacher. Since she resigned from school teaching 10 years ago, she has concentrated on introducing adults to the world of computing. Venie does most of her training at the Online Access Centres.

# ENROLMENT FORM

## Term 3, 2005

Post to 'Course Enrolment', U3A Kingborough Inc,  
P.O. Box 479, Kingston 7051

Term Three - Starts week of

SURNAME ..... Title..... Sept. 19th

GIVEN (for Name Badge).....

Tel.....Email .....

**We will only contact you if you do NOT get into the course. X to enrol**

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	11:30	HAVE YOUR SAY DISCUSSION	W	
	1:00-3:00	LIFE WRITING WORKSHOP	W	
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THURSDAY		INDONESIAN HISTORY	KA1	
	10:00			
	10:00	TATTSLOTTO, OPINION POLLS, ADVERTISING, STOCK EXCHANGE	KA3	
	11:30	POSITIVE LIVING	KA1	
	11:30	HAVE YOUR SAY	KA3	
	1:30	KINGSTON U3A CHOIR	KA3	
FRIDAY	9:00-10:30	COPING WITH COMPUTERS	Online Centre	

# SUBSCRIPTION FORM – 2005

## New Subscriptions only

### **Your subscription entitles you to Membership of U3A Kingborough.**

Once you are a member you may enrol for any number of courses FREE throughout the calendar year (subject to the number of places available).

If you do not attend courses, the subscription is not refundable.

### **Subscription \$15 per person (for Term 3)**

Direct Debit                      A/c Name:    U3A Kingborough  
Bank:                              Westpac BSB: 037015 A/c No: 12 98 26

(Direct Debit - Please ensure you put your name in the 'description' box so that your payment can be identified and then notify of transfer by email – including your name telephone number, address and 'Membership Term 3' to – [venicol@bigpond.net.au](mailto:venicol@bigpond.net.au) )

Or Please post to - 'Membership', U3A Kingborough Inc., P.O. Box 479, Kingston 7051

Enclosed is my cheque/money order for \_\_\_\_\_  
(Receipts not posted unless requested)

Name (for Badge) \_\_\_\_\_ Title \_\_\_\_\_

Tel. No. \_\_\_\_\_ Address \_\_\_\_\_

Email Address (if willing to have the newsletter by email)  
\_\_\_\_\_

### NEWSLETTER ONLY

**Just want to keep in touch – not sure you will be able to attend courses?**

**\$5 will enable us to continuing to send you the Newsletter for the year.**

**Should you decide later to attend course/s the \$5 can be deducted from  
the full subscription cost.**

Enclosed is my cheque/money order for \_\_\_\_\_

Please post to – Membership,  
U3A Kingborough Inc., P.O. Box 479, Kingston 7051

Name \_\_\_\_\_ Title \_\_\_\_\_ Tel. No. \_\_\_\_\_

Address \_\_\_\_\_

Email Address (if willing to have the newsletter by email)  
\_\_\_\_\_